

2 | SEE



The circle of life brings you to your inner I am. In this class we will dive deeper into the meaning of your inner I am and the relationship between your inner and outer I am.

Outer I am

"By your **outer I am** we mean the sum of all your experiences, impressions, knowledge, developments during your upbringing, childhood, education and social life."

Everything that has already accumulated during your life. This forms you into who you are and it shows on your outside, your body. Everything you have already experienced determines how you are in life and what choices you make, but there is also an inner I am.

Inner I am

"By your **inner I am** we mean the core of who you really are, how God intended you to be."

Paul calls this in Ephesians 4:24 'the new man'. This is driven by the communication between God's Spirit and your spirit. As a result, the **inner I am** grows and you become more and more the person God intended you to be.

Your **outer I am** is driven by the power of your soul; your will, your feelings and your thoughts. Your **outer I am** lives according to the beliefs you have come to believe in deep inside. These beliefs are driven by needs and feelings formed by your past experiences.

Your **inner I am** is what God is looking for: the person He created with a purpose. The Father wants to communicate with this inner I am and give His view of life and circumstances.

"The Father wants us to see the world as He too sees it."

Moses

Moses had learned to be a strong leader in Pharaoh's palace.

The **outer I am** of Moses took a long time to be broken down.

His **inner I am** had yet to awaken; this happened at the burning bush. God showed him there why he was on earth.

Moses stepped out in divine authority. God had shown him who he was, the assignment he was given, what his talents were and what he was to do.

His inner I am became one with his outer I am.

Paul

Paul was an experienced Scripture scholar and driven to persecute the (in his opinion) new sect of followers of Jesus.

His **outer I am** became visible in his zeal.

On the road to Damascus, Paul heard a voice and saw a bright light. In the three days of being blind, God opened Paul's eyes, so he could see again.

Paul looked at the world around him completely differently. His **inner I am** also began to 'see' through the Spirit of God.

I am

God created you for a purpose. God is looking for a way into your mind to change your view of yourself and the world. What you see with your natural eyes is not always God's reality. He wants to show you His reality, and this reality goes far beyond what our natural eyes can perceive.

EXERCISE:

We take time now to study your inner and outer I am. Maybe you already know a lot about this, maybe this concept is completely new to you. God wants to show you His reality.

-Have you already learned to look at yourself with God's eyes?

Take time to make a description of your outer 'I am'. How did this emerge? What are characteristics of your outer I am?

-Have you seen through this lesson whether you are living more from your outer I am that is driven by your past experiences? Or can you look at yourself with God's eyes and see who the real inner I am actually is?

-Describe (if you already know this) your inner I am. How did God intend you to be? When and how did you find out about your inner I am?

-Share with each other what discoveries you have made about yourself through this lesson. Is there anything you would like to learn about this inner I am that God sees?



PRINCIPLE 2

God created you for a purpose. You are here for a reason. God is looking for a way into your mind to change your view of yourself and the world. What you see with your natural eyes is not always God's reality. He wants to show you His reality. This reality goes far beyond what our natural eyes can perceive.

